

Food Management Policy

- At Next Steps Nursery we aim to ensure that table manners and behaviour will be consistent during meal times.
- Meal times will be a happy, social occasion for staff and children.
- Individual dietary requirements will be respected, dietary chart is displayed in snack area
- Cultural differences in eating habits will be respected
- Children will be encouraged to say `please` and thank you
- Any child who shows signs of distress will have their food removed without any fuss
- Children who are slow eaters will be given time and not rushed
- Staff will set a good example by eating the same food as the children
- Supervision
- Giving opportunities for children to have choices
- Involve all children in caring for one another
- Helping children to recognise and understand the rules for being together with others
- Encourage children to do things for themselves
- Encourage independence
- Providing encouragement, praise, comfort and support
- Encouraging the children to be proud of their attempts and achievements
- Assisting the children to be aware that they are valued as an individual and as part of the group
- Support and assist to make decisions about how and what they want to eat drink, sit next to
- Assist in preparing choosing and clean away snack

Dated: 29/10/2009

Review Date: 01/11/2010